COPMANTHORPE Golden Jubilee Walks

Walk 4 - Copmanthorpe to Bishopthorpe and Acaster Malbis and return About 5 miles - allow 2-21/2 hours

Starting at the Royal Oak, walk down Church Lane, to the left of the pub, into Low Green and pass the schools on your right. Follow the track round to the right which then becomes a 'green' lane called Yorkfield Lane - this is part of the Ebor Way. Follow this to Farmers Way and go across to Loriners Drive, then crossing Farmers Way again before going into Ploughmans Close towards the start of a new housing estate. Take a right turn here along a track towards the railway lines and the level crossing, known as Bishopthorpe Crossing. This is the East Coast Main Line which carries trains at over 100mph, so be very careful before crossing - watch the red/green signals and close the gates.

With the hedge on your right proceed in a straight line for about 500 yards 'till you see a yellow waymark indicating a left turn for about 20 yards to cross the ditch. You can then see a yellow waymark on a telegraph pole and the path is clearly visible in a straight line towards the trees. You should then reach an information board with details of a local Conservation Walk. This provides an additional circuit and is worth exploring separately or as part of this walk. To continue the main walk from this point turn right and proceed to the comer of the field (where you will see more details of the Conservation Walk and another route to explore), here turn left and proceed across the bottom of the garden area of the house which is at the end of the metalled Copmanthorpe Lane. Walk on this quiet road for about a ½ mile 'till you get to Appleton Court, Bishopthorpe, where there is a metal signpost indicating the York-Selby Cycle Route.

3 Turn right on this route and through the houses, under the old railway bridge and along the track with garden nurseries to your right for about 200 yards after the bridge. Watch for a yellow waymark on a tree on your right. This is where you leave the cycleway. Follow the clear pathway along the field edge with a wooded area to your right. After the wood the path crosses an open field to the first of three stiles. Follow this path through the fields, with the dike on your right. At the third stile, near a blue gate, continue with the dike still on your right for



